

BRANCHES

Holy Family Primary School, Luddenham

Phone: 4773 7100

Web: www.Luddenham.catholic.edu.au

Web: www.hfluddenham.catholic.edu.au

Term 3

30th July 2020

Issue 11, Week 2

SEPTEMBER

Friday 4th

Father's Day Prayer &
BBQ/Book Week
Celebration

OCTOBER

Friday 23rd

Grandparent's Day

Dear Parents and Caregivers,

As we keep pointing out to the students and staff, COVID-19 has not left us. We are learning to work with it, ensuring that we follow guidelines around health, hygiene and distancing. We are not perfect at all these things, so we need to keep up the reminders and practice these important things regularly. Students will be expected to adhere to hygiene practices like:

- Regularly washing hands.
- No sharing drinks or food.
- Coughing or sneezing into their elbow, or a tissue which should be discarded immediately.
- Filling water bottles from bubblers or in the classroom rather than using the bubbler directly.

During this time it is important that we maintain the regulations required in terms of reporting any incidents of COVID-19. It is vital that you inform our school if your child has been tested for COVID-19, or is in isolation due to being a close contact of someone being tested.

Other Important Health & Safety Messages:

- Message for parents: if your child is sick or displaying flu-like symptoms (e.g. coughing, runny nose, sore throat), they must not go to school. You must keep them at home and away from others.
- Message for children: tell your parents, carer or teacher if you are feeling sick.
- Message for teachers: do not come to work if you are sick or in the 'at risk' category.
- Message for all adults: the greatest risk of transmission in the school environment is between adults. It is of utmost importance that teachers and parents alike maintain physical distancing between themselves and each other at school.

The following activities are still under consideration for Term 3. For now these things must remain on hold.

- Excursions.
- Parent/Carer attendance at assemblies and other school events (e.g. whole school assemblies).
- Parent/Carer volunteers – e.g. parent/carer classroom helpers.
- School-based activities that include large gatherings of adults are not permitted at this time.

At Holy Family we are:

- Safe
- Respectful
- Responsible
- Learners

Anthony McElhone
Principal

2020 School Calendar

The key date of events and celebrations for 2020 can be viewed in our online school calendar. The calendar can be viewed on our school website <http://www.hfluddenham.catholic.edu.au/en/Our-Community/Events>.

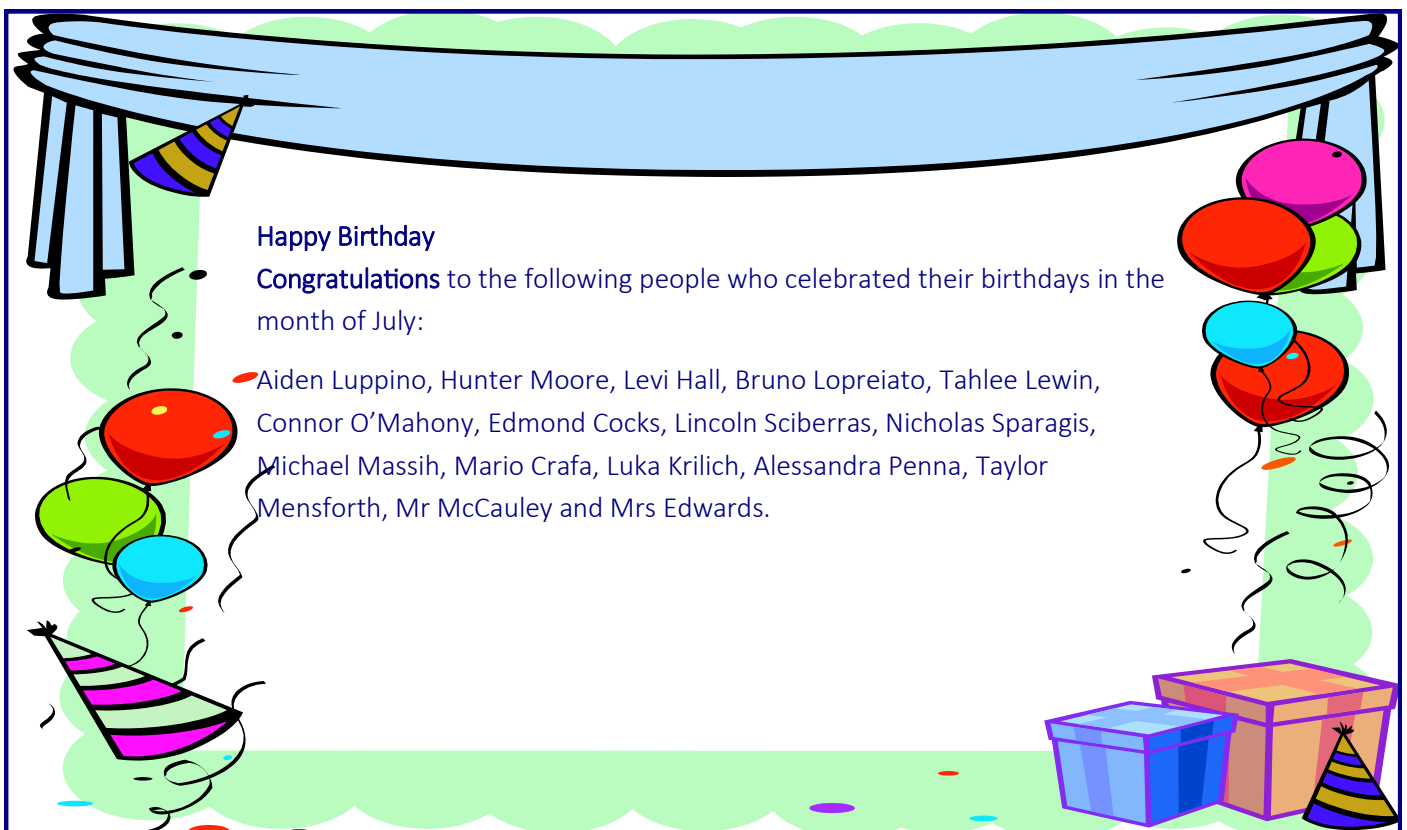


Enrolments for Kindergarten 2021

Application forms are available for collection from the school office. When the application form has been fully completed it should be returned to the office with the required documentation at your earliest possible convenience.

Teacher Professional Learning

At Holy Family the staff has an ongoing commitment to professional learning. The staff benefits from attending inservices, in curriculum areas, that assist them in providing quality learning opportunities for the students in their class. However at this time no staff will attend professional learning off site.



Happy Birthday

Congratulations to the following people who celebrated their birthdays in the month of July:

Aiden Luppino, Hunter Moore, Levi Hall, Bruno Lopreiato, Tahlee Lewin, Connor O'Mahony, Edmond Cocks, Lincoln Sciberras, Nicholas Sparagis, Michael Massih, Mario Crafa, Luka Krilich, Alessandra Penna, Taylor Mensforth, Mr McCauley and Mrs Edwards.

Sport Update

Athletics Carnival

On Friday 24th July, Holy Family celebrated their annual Athletics Carnival at Warragamba Sportsground. All students had a great time competing in the track events (100m, 200m, 800m) as well as rotating through the field events (shot put, discus, long jump) and games (mini soccer, ultimate frisbee/ novelty events, netball). Our Year 6 students and their Kinder buddies even got to participate in a memorable fun run together. It was an exciting and enjoyable day for both staff and students during these unprecedented times we are currently experiencing with COVID-19. Unfortunately, this year students will not be able to progress further as Nepean Zone and Diocesan Athletics Carnivals have been cancelled.



This event was supported by a number of community organisations. A big thank you goes to Warragamba Wombats Rugby League Club for allowing us to use the clubhouse as our first aid room and their PA system; and Warradale Little Athletics who provided us with much of the sporting equipment we required to be able to run the carnival. Your support of our school event was greatly appreciated.

Thank you to all the staff of Holy Family for assisting the students with the various activities/ events throughout the day and for making it a fun day for all involved. The winning house for the Athletics Carnival was Acacia (515 points), 2nd place was Boronia (496 points), 3rd place was Waratah (391 points) and Jacaranda finished in 4th place (377 points). Well done to everyone that participated and contributed to earning points for their house.

Cancelled Sporting Event for 2020:

- *Nepean Zone Athletics Carnival*
- *Diocesan Athletics Carnival*
- *NSW Netball Schools Cup*
- *St Nicholas Netball Gala Day*
- *Stage 2 Touch Football Gala Day*

Christine Hall
Head of Sport



Mix personal training

Are you wanting to challenge yourself and meet new people in a friendly environment?

Come and join my **Mix Personal Training** class on a Tuesday night at 6:30pm at the Holy Family School Hall.

The classes are designed for everyone whether you are just starting out or a bit more advanced in the fitness area.

I cater for people with injury and other illnesses.

The classes are moderate intensity however you can make it more intense as I run cardio boxing and weight training.

Ladies and gentlemen come and join the fun class on a Tuesday night.

All are welcome over the age of 18.

Michael Ireland

Mobile - 0479 079 070

mic.c.ireland@gmail.com

Modifications made to comply with current restrictions.

Connections Counselling

Building Bridges

Colleen Nicholas, Dip.Couns. MACA

Individual, Couple & Family Therapist

Counselling For:

**Personal Issues *Grief & Loss*

**Relationship Problems *Anxiety*

**Family & Parenting *Depression*

**Transitional Life Changes*

**Stress Management*

Phone: 0414 935 362

colleen.connections counselling@gmail.com