BRANCHES

Term 1 3rd March 2022 Issue 2, Week 6

Holy Family Primary School, Luddenham

Phone: 4773 7100 Web:www.**Luddenham**.catholic.edu.au Web:www.hfluddenham.catholic.edu.au

Dear Parents and Caregivers,

On Wednesday we commenced our Lenten journey and my thoughts this year are around the concept of fasting. It's a bit ironic.... we all love to eat and God loves to feed us. We place a special emphasis on meal times with our families, and even our worship is centred around sharing a meal. Yet, in Lent, we are called to this concept of fasting. It almost seems illogical that God would ask us to give up something so that we can draw closer to him. Fasting can be a blessing in many ways. It is important that from time to time we put aside abundance in favour of being filled with something even greater.

When we fast from comfort or pleasure, we are saying "Lord, I want to give up these things for a short time so that I can keep my mind focussed on what is really important in my life." We know that God wants us to enjoy all the wonderful things life has to offer, yet fasting reminds us that loving Him and serving Him are more important than our own comfort and pleasure.

Three of the four Gospels – Matthew, Mark and Luke – tell us that at the beginning of his ministry, Jesus went into the desert to pray and fast for forty days and nights. This was to prepare himself for his mission. He drew on the strength of the Holy Spirit to avoid temptations, and as hard as it was, Jesus was victorious. With the help of the Holy Spirit we too can find the inner strength to abstain from some pleasure, and we just might discover that our willpower is stronger than we thought possible.

So as we continue our journey through Lent, try to abstain from something, in order to draw closer to God. Pray for the strength to overcome temptation and to be filled with something even better. God will reward us whenever we give up something we value, in order to improve our relationship with Him.

Mr Anthony McElhone Principal

At Holy Family we are:

- Safe
- Respectful
- Responsible
- Learners



Grandparent's Day - Save the Date

Grandparent's Day will be on Friday, 29 July. This is a day that all in the community look forward to and the teachers and students have already begun preparing for this day with great enthusiasm and energy.





2022 School Calendar

The key date of events and celebrations for 2022 can be viewed in our online school calendar. The calendar can be viewed on our school website:

http://www.hfluddenham.catholic.edu.au/Our-Community/Events

Staff Development Days

Following are the dates for the remaining staff development days this year. A reminder that children do not attend school on these days.

- Thursday, 15 December
- Friday, 16 December
- Monday, 19 December

Please note that the student's final day will be Wednesday, 14 December.





Parent Representative Group

Our Parent Representative Group is back! Our first meeting for this year will be on Tuesday, 15 March at 9:15am in the school hall (delayed due to COVID-19 guidelines). Parents/carers can submit items for the agenda by completing the form that will be posted on Seesaw prior to the meeting. Please note that suggested agenda items that are not aligned to the purpose of the PRG will not be included on the agenda. The Principal or delegate will follow up the matter with the specific parent(s)/ carers(s).

Enrolments for Kindergarten 2023

Application forms are available for collection from the school office from 7 March. When the application form has been fully completed it should be returned to the office with the required documentation by **the end of Term 1**.



Teacher Professional Learning

At Holy Family the staff has an ongoing commitment to professional learning. The staff benefits from attending inservices, in curriculum areas, that assist them in providing quality learning opportunities for the students in their class. The following staff have or will attend professional learning:

Date	Staff Members	Professional Learning
4 March	Mr McCauley	Religious Education Coordinator (REC) Meeting
9 March	Miss Cassar	Responsible Persons Induction Program
10 March	Mrs McLean	EMU Early Years Intervention Specialist Teacher Course
15 March	Mrs Ryan	Instructional Leader Meeting



Medical Notification Form

A reminder that if your child's medical condition changes, could you please inform the office immediately. Forms will then be sent home to be completed and should be returned as soon as possible.









Connections Counselling

Building Bridges

Colleen Nicholas, Dip. Couns. MACA

Individual, Couple & Family Therapist

Counselling For:

*Personal Issues *Grief & Loss

*Relationship Problems *Anxiety

*Family & Parenting *Depression

*Transitional Life Changes

*Stress Management

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